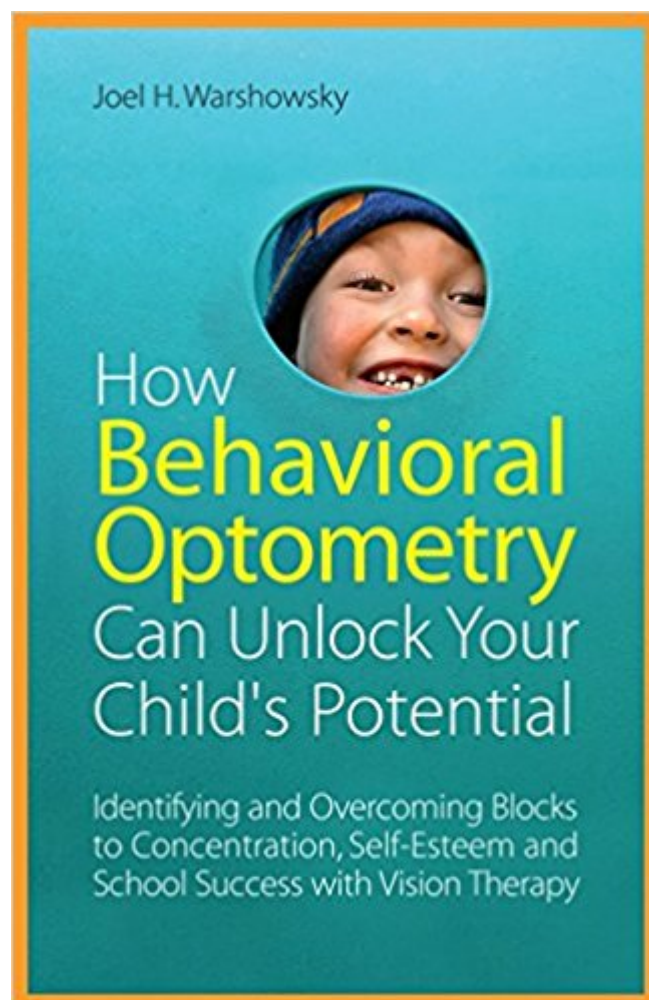




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# How Behavioral Optometry Can Unlock Your Child's Potential: Identifying And Overcoming Blocks To Concentration, Self-Esteem And School Success With Vision Therapy





## Synopsis

Visual dysfunctions can limit children's concentration, self esteem and school success as they struggle to understand fundamentals such as colors, letters and how to judge distance. With the right help, these obstacles can be overcome, allowing children to reach their full potential and see the world clearly. This accessible book explores how visual problems develop and how they can be reversed through effective and efficient visual therapy. It breaks down myths surrounding visual dysfunction and explains in straightforward terms the various conditions that could be impacting a child's perception, even if they have perfect sight. The visual therapy used in behavioral optometry retrains the brain to perform visual skills more effectively. In these pages there is clear guidance on the array of therapies, techniques and aids available, all of which can make a profound difference to a child's life. This introductory guide to behavioral optometry will be a welcome resource for parents and professionals in search of options to help a child who is experiencing visual problems.

## Book Information

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## Customer Reviews

This is an interesting book which would be of value to any special needs coordinator or other specialist teacher working with children... A very worthwhile read! — Mary Mountstephen, SEN Magazine. — "In these pages Joel Warshowsky, OD, shows how important it is for the success of behavioral vision care treatments, as well as health care at large, to be caring and empathetic, to listen to one's patients and to find supportive ways to communicate back with them. Over many years he has sung this theme consistently and in harmony with his excellent clinical

skills. This book is the pinnacle of his work and encapsulates his caring demeanor in a way that all health care practitioners can learn from and employ in their own practices. — Paul Harris, Doctor of Optometry, Associate Professor, Southern College of Optometry, Tennessee, USA

This book should be required reading for every parent, patient and professional who cares for children! It is a fascinating written work full of practical, easy to understand information about vision and your child. — Bruchie Barbara Langsam, parent, New York City, USA

Warshowsky comes across as a nice guy who has a passion for his field of work. His own experiences as a child and his experience of observing many children who seem to be let down by the education system is what drives his interest in this field. Many children have considerable resources invested in them but still fail to thrive and behavioural optometry, according to Warshowsky, can explain these anomalies... the book is divided into three parts and is clearly written. The first part is concerned with how vision problems affect a child and how this differentiates from sight problems. Part two expands on what vision therapy is and what it entails and finally he discusses specific vision problems and the therapeutic use of corrective lenses. There is a very useful appendix with exercises parents could try, which for a family on low income with no access to a behavioural optometrist could be helpful. — Asteens

Visual dysfunctions can limit children's concentration, self esteem and school success as they struggle to understand fundamentals such as colors, letters and how to judge distance. With the right help, these obstacles can be overcome, allowing children to reach their full potential and see the world clearly. This accessible book explores how visual problems develop and how they can be reversed through effective and efficient visual therapy. It breaks down myths surrounding visual dysfunction and explains in straightforward terms the various conditions that could be impacting a child's perception, even if they have perfect sight. The visual therapy used in behavioral optometry retrains the brain to perform visual skills more effectively. In these pages there is clear guidance on the array of therapies, techniques and aids available, all of which can make a profound difference to a child's life. This introductory guide to behavioral optometry will be a welcome resource for parents and professionals in search of options to help a child who is experiencing visual problems.

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My daughter has had learning issues since she began school. Many people would automatically say, "we'll have her tested for ADD". I said "No my daughter isn't ADD and even if she were I would not immediately default to placing her on medications that will ultimately alter her still growing brain. It has been about a month now since my daughter has been receiving Vision Therapy and her grades have already improved from C and D's to B's and A's and homework no longer takes her 5+ hours to maybe under an hour! This is a REAL science. Unfortunately, the health care system does not cover this type of therapy so naturally people who are unable to afford these sessions have to default to the drug companies. It is daunting and pathetic that our health care system would prefer to pay the drug companies rather than be ethical and do the right thing by placing our children's lives and our growing society from a more holistic safer therapy than promoting a more drug dependent society. A DAMN SHAME!! ANYONE who has a child with learning process issues, ADD, or any other sort of language processing issue.. please please read this book and PLEASE try all you can to get to a specialist like Dr. Joel Warshowsky instead of defaulting to drugging your child. Not all children learn at the same pace. This was my daughter's issue.. she just needed more time but more specifically was a visual "muscle" issue that is being corrected with prism glasses. Truly a blessing.

Thank you Dr. W!!

This book is an excellent read in regards to giving one a new outlook for an alternative approach to treating visual problems within the broad field of optometry and explaining more about behavioral optometry. Before reading this book, I did not know much about behavioral optometry and vision therapy in general. This book was highly informative and gave good insight in regards to the different aspects of vision therapy. The various case studies scattered around the book was particularly helpful in understanding how this specialty can help different people. A highly recommended read.

I first thought this guy was a quack who saw everything only through the lens of his own specialty. However, a few chapters into it and he was spot on describing MY SON with visual issues. I now reference this book often.

Its help me understand my sons condition.

I am just getting into the optometry field and this book is excellent if you are interested in eye therapy. I highly recommend this.

A very easy read and insightful.

Excellent and informative!

From whence we came this book keeps alive and lets thrive the art and science of Optometry that was with us the whole time.

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